

# Newsletter



## Canberra Region Medical Education Council (CRMEC)

February 2019 Newsletter



Associate Professor  
Katrina Anderson  
Chair of CRMEC

### FROM THE CRMEC CHAIR

2019 is going to be an exciting year for CRMEC and ACT Health as we are **hosting the Prevocational Medical Education forum for the first time in Canberra**. The theme is Creative Disruption in Medical Education and I am looking forward to this forum/conference being a place for exploring new innovations in internship and junior doctor training as well as being an opportunity to showcase many of the creative developments already taking place in our region. I encourage clinical supervisors to take advantage of the proximity of this event to **consider presenting an innovation** that you have brought in for junior doctors that is worth sharing nationally. There will be a section of the conference for good education ideas and pearls of wisdom.

In 2018 a **new internship model was established in Bega** as a joint venture between South East Regional Hospital (SERH), Canberra Hospital and Health Services and Bega Valley Medical Practice. Junior doctors can now train for up to 18 months in Bega, made possible by the introduction of a 6 month longitudinal intern placement in which interns spend half the week in general practice and half the week in emergency medicine. The junior doctors then rotate back to The Canberra Hospital or Calvary Public Hospital Bruce as resident medical officers for a tertiary hospital emergency medicine term, and another acute tertiary hospital term. This has enabled those junior doctors planning a rural career to train rurally for most of their prevocational training.

The junior doctors and registrars on our education committee have been busy in 2018 creating a junior doctor guide and registrar guide for **creating a positive work culture**. This has come from the grassroots as a way of trying to improve the work of junior doctors and create a positive and non-judgemental work environment. The guidelines are available for all on our website. A brief **guide for junior doctors about workplace bullying**, sexual harassment and discrimination led by Dr Eilidh Gilritchie, who is the JMO representative on our Council. We hope all these guides will empower junior doctors to keep themselves and others safe and feel more supported in the workplace.

**Welcome to all the new interns** in 2019. I know many of you from third year ANUMS and so I know our patients are in safe and caring hands.

# Welcome 2019

Welcome to all the new doctors in the ACT Health network. We are sure you have started the year off with enthusiasm.

The CRMEC have are pleased to be offering the Teaching for Clinicians course, through which you can attain post-nominals from the Higher Education Academy in the UK if all units plus assessment are completed (more information in this newsletter). This has been an incredibly popular course since its introduction in 2019 – so register and organise your leave quickly!

The CRMEC monitors JMO welfare in the ACT Health network and has accreditation standards that focus on bullying, harassment and discrimination. All hospitals in the ACT Health network have comprehensive policies on workplace culture. The CRMEC is an external body that JMOs can contact if they experience workplace culture issues. Our website include a new resource to help JMOs needing advice on this topic.

The CRMEC Chair and staff can provide advice and support, which we keep confidential wherever possible. The Chair, Katrina Anderson, is available in Building 4, level 2 The Canberra Hospital on most weekdays. You are always welcome to contact the CRMEC office in person (Building 6 Level 2 (Mon and Tues) or Building 4 Level 2 (Wed-Fri), by phone or by email.

Term descriptions are provided to JMOs at the commencement of each term. Your term description should provide a good overview of the term experience, objectives, opportunities and your supervisors. The CRMEC website also hosts term descriptions for your easy access.

The CRMEC accepts nominations for the National JMO of the Year and the National Supervisor of the Year. Applications open around September. Please keep these awards in mind as you work with different supervisors so you can nominate someone who has provided you with excellent teaching and mentoring. More information about making a nomination will be circulated later in the year.

## Who are we?

The Canberra Region Medical Education Council (CRMEC) is a Ministerial Management Council established by the Minister for Health. To perform accreditation of the intern training program within the ACT and linked regional networks and provide expertise on education, training and welfare for junior medical doctors.

## Contact the CRMEC

**Website:** <http://crmec.health.act.gov.au>

**Manager:** A/Prof Emily Haesler – [crmec.manager@act.gov.au](mailto:crmec.manager@act.gov.au)

## Key CRMEC Responsibilities

The CRMEC role is to act as a Postgraduate Medical Council to:

- Accredite intern and resident training programs
- Monitor JMO training terms
- Advise ACT Government on medical education and training
- Provide leadership in education and training
- Receive JMO feedback on education and training programs



## Canberra Region Medical Education Council

### Expression of Interest

The Canberra Region Medical Education Council (CRMEC), the Postgraduate Medical Council of the ACT, is seeking expressions of interest for membership from **registrars and junior medical officers**.

**The CRMEC has been established as a Ministerial Management Council by the Minister for Health and Wellbeing. The selected candidates will be formally appointed to the Council by the ACT Minister for Health and Wellbeing.**

The role of the CRMEC is to:

- Provide expert advice to the Minister for Health and Wellbeing and ACT Health Directorate Director General regarding education, training and welfare for junior medical officers within the ACT and linked regional networks
- Perform accreditation functions of the intern training program within the ACT.

The CRMEC provides leadership and innovation in postgraduate medical education and training in the ACT, developing linkages with accreditation agencies and education providers and promoting partnerships with relevant national and jurisdictional organisations.

Selection criteria:

- Previous experience in medical education
- Some knowledge of monitoring of safety and quality in organisations
- Demonstrated interest in health outcomes in the ACT and southern NSW
- An understanding of accountability requirements and ethical decision making standards
- Strong communication skills and ability to work cooperatively with stakeholders
- Demonstrated ability to consistently display commitment to and compliance with Customer Service, Equity and Diversity, Occupational Health and Safety and Industrial Democracy principles and practices and relevant legislation to these areas, and an understanding of and commitment to ACT Health values.

Meetings of the CRMEC are approximately every second month on Wednesday at 5pm-7pm. Registrar and JMO members are appointed by the Minister for Health for a period of **two** years.

There is no remuneration associated with these appointments. Successful applicants must be employees of ACT Health. Please include in your application which category of membership you are applying for:

- Registrar/PGY3+ representative
- PGY1 representative
- PGY2 representative

Expression of interest addressing the selection criteria and including a current curriculum vitae should be submitted by **8 March 2019** to:

Assoc. Prof. Emily Haesler  
CRMEC Manager

[CRMEC.manager@act.gov.au](mailto:CRMEC.manager@act.gov.au)

Phone 6205 9852

# Expressions of Interest

## CRMEC sub-committees

The Canberra Region Medical Education Council (CRMEC), the Postgraduate Medical Council of the ACT, is seeking expressions of interest from Registrars and Junior Medical Officers (PGY1 and PGY2) for membership to two of its committees. The role of the CRMEC is to provide expert advice to the Minister for Health regarding the quality of education, training and welfare for JMOs within the ACT and linked regional networks, and to perform accreditation functions of the intern training program within the ACT.

**The two committees of the Council with vacancies for JMOs are the Accreditation Committee and the Education Committee. Appointment to the committees will be for a period of two years.**

### Accreditation Committee

The role of the Accreditation Committee is to improve the quality of medical education in the ACT region through the review of performance, assessment and accreditation of post graduate training and education. The committee makes recommendations to the CRMEC for the accreditation of JMO terms in health services and provides advice and recommendations to the CRMEC on accreditation processes for the postgraduate training of prevocational JMOs.

The Accreditation Committee meets on a Tuesday five times a year at 5.00pm.

### Education Committee

The role of the Education Committee is to provide leadership in postgraduate medical education and training. The Committee provides advice to the CRMEC on appropriate education and training activities for junior doctors within the ACT region.

The Education Committee meets on a Wednesday five times a year at 5.00pm.

**Expressions of interest should include:**

**The committee for which you are applying**

**Your relevant experience/interest in medical education**

**Your relevant experience in accreditation and/or monitoring safety and/or quality improvement**

**Your relevant leadership experience**

**Your current curriculum vitae**

**Applications by 8 March 2019 to:**

Assoc. Prof. Emily Haesler

CRMEC Manager [CRMEC.manager@act.gov.au](mailto:CRMEC.manager@act.gov.au)

Phone 6205 9852

For more information on either committee, contact Katrina Anderson.

# AWARDS



**Clinical Educator of the Year  
Dr Daniel Fawaz**

## Clinical Educator of the Year 2018

**Dr Daniel Fawaz** trained in Emergency Medicine at The Mount Sinai Hospital in New York and moved to Australia in 2011. He has previously worked Melbourne and Adelaide, and moved to Canberra in 2016. Daniel found his clinical home in the team-focused, high energy environment of the ED very early in his career. He has quite naturally gravitated into an educational role, because he loves to share his enthusiasm for the specialty with junior doctors. Daniel cherishes the many opportunities he is given each term to have a positive impact on junior doctors, whether through modelling compassionate care at the bedside, or training on how to collaborate positively and productively with colleagues from across the hospital and community.

## JMO of the Year 2018

Dr Renata Pajtak is described by her supervisors as very hard working and caring. Her focus is not only ongoing education and professional development, but she also takes special interest in matters related to health services and health professionals. In 2018 as an intern Dr Pajtak has been the co-chair of the AMA ACT Council of Doctors in Training, a representative on the Australian JMO Committee (AJMOC), founder and president of the ACT Psychiatry Society, publications officer and events coordinator for the ACT and Region Medical Women's Society, a member of the Canberra Region Medical Education Council Accreditation Committee and telephone crisis support worker and volunteers for ACT domestic violence crisis support and Lifeline Australia. In addition to these formal leadership roles, Dr Pajtak found time to work in a volunteer capacity as a surgical educator and volunteer examiner for medical students, complete the Teaching for Clinicians course and complete her Master of Philosophy.



**JMO of the Year  
Dr Renata Pajtak**

## Patient-Centred Care Award 2018

Dr Seren Ovington was born and raised in Canberra and completed a bachelor of science at ANU before commencing medical studies there. She decided to pursue medicine because she wanted to help people and make a difference in the world, and because she was excited by the challenges and opportunities medicine provides. Seren is currently completing the final term of residency year, working in rehabilitation at the University of Canberra Hospital. Seren's goal in medicine is to become a wonderful general practitioner with a special interest in women's and children's health. Seren is passionate about holistic, patient centred care. A powerful source of motivation has been sharing her grandparents health care journeys. In Seren's day to day practice, she always tries to remember to treat patients with the attention, care and respect that she would want her grandparents to receive. Outside of medicine, Seren enjoys pottery, board games, camping and spending time with her family.



### Patient Centred Care Award

Dr Seren Ovington



### JMO Forum Co-Chair (ex-officio)

Dr Stephanie Baddock

## JMO Forum – Co-Chair 2019

Hello, my name is Stephanie Baddock and I am one of two Co-Chairs of the ACT Junior Medical Officers Forum (JMOF) in 2019. I am a Resident Medical Officer at The Canberra Hospital this year. As part of this role as JMOF Co-Chair I sit on the CRMEC committee as the ACT JMOF representative. The second chair is Jennifer Robertson, also a Resident in 2019, who has the additional role as Chair of the Australian Junior Medical Officers Committee. The JMOF exists to provide an avenue for junior doctors to engage in and advocate for issues which affect us as pre-vocational trainees. This encompasses topics such as the well-being of junior doctors, our continuing medical education and issues surrounding rostering and allocation of junior doctors to particular terms. For 2019, we hope to increase engagement with junior doctors and the JMOF by increasing our communication and presence in this space. From here we hope to build on projects started in 2018, and ultimately achieve better training conditions and educational opportunities for all pre-vocational trainees.

## Excellence in Tutoring Award 2018

Our congratulations to Dr Cameron Maxwell, member of the CRMEC Accreditation Committee, who was winner of an Excellence in Tutoring award from the ANU Medical School.

# Education: Conference News



The 24<sup>th</sup> Australian and New Zealand Prevocational Medical Education forum will be held in **Canberra** from 27-30 October 2019. Please refer to the following website for registration and abstract details.

<https://prevocationalforum2019.com/>

Venue: QT Hotel, Canberra

Organizer: Conlog, MOSCETU, CRMEC

## **Theme for the Forum: Creative Disruption | Technology | People | Place**

The Canberra Region Medical Education Council and ACT Health are excited to be hosting the 24<sup>th</sup> Australian and New Zealand Prevocational Medical Education Forum for the first time in 2019. The theme of the conference is Creative Disruption in Medical Education – Technology, People and Place.

This will be a unique opportunity to explore innovations, ideas and contexts that are disrupting and enhancing the landscape of junior doctor training. What future careers in medicine will be changed by technology and robotics and how will this affect junior doctors and their training? What technological innovations are already enhancing the work of junior doctors? How is the context of internship changing and what innovations are already happening in rural, private and community environments?

We look forward to welcoming you to the nation's capital in October 2019.

**Organising Committee Chair** - Tracey Quade, Medical Education Manager, Medical Officer Support, Credentialing, Employment and Training Unit (MOSCETU)

### **Organising Committee**

Associate Professor Katrina Anderson – Chair, CRMEC

Associate Professor Emily Haesler – Manager, CRMEC

Jennie Swanston – Education Officer, CRMEC

Janelle Corey – Director, MOSCETU

# Education: 2019

Congratulations to those participants from 2018 that completed their Associate Fellowship with the Higher Education Academy (information below).

The CRMEC will run Teaching for Clinicians for junior doctors and supervisors throughout 2019. This course has been extremely popular. Completion of the two formal sessions and assessment work plus assessment tasks enables application as a Fellow of the Higher Education Academy (HEA).

Teaching for Clinicians is also available for doctors with an interest in education who do not wish to pursue HEA Fellowship.

The calendar is available in this newsletter, and we recommend signing up early, as the course is very popular!

## Registration

**Supervisors:** <https://www.surveymonkey.com/r/Supcourse2019>

**JMOs:** <https://www.surveymonkey.com/r/JMOcourse19>

Participants who wish to complete the Associate Fellowship of the Higher Education Academy (AFHEA) through the Australian National University Education Fellowship Scheme can find out more information about this on our website: <http://bit.ly/2Bfjl2x>

Teaching for Clinicians Program	Date	Venue	Time
Supervisors Part 1	Saturday 1 June 2019	ANUMS	9am – 4pm
JMOs Part 1	Saturday 15 June 2019	ANUMS	9am – 4pm
Supervisors Part 2	Saturday 17 August 2019	ANUMS	9am – 1pm
JMOs Part 1	Thursday 17 October 2019	Federal Golf Club	9am – 4pm
JMOs Part 2	Saturday 16 November 2019	ANUMS	9am – 2pm

# Teaching and Supervising for Clinicians

These modules are designed specifically to enhance supervision and teaching skills for doctors in clinical environments who are supervising medical students and/or junior doctors. The modules cover core aspects of teaching and supervision, and are designed to create conversations among participants to help them explore and reflect on their teaching skills and experience.

Modules 1-5 can be undertaken by doctors who are not teaching concurrently but would like to gain some skills.

Participants who complete all modules, including the oral assessment (TFC10) will fulfil the requirements for Associate Fellowship of the Higher Education Academy (AFHEA) through the Australian National University Educational Fellowship Scheme.\* Participants applying for AFHEA need to be currently teaching students or junior doctors.

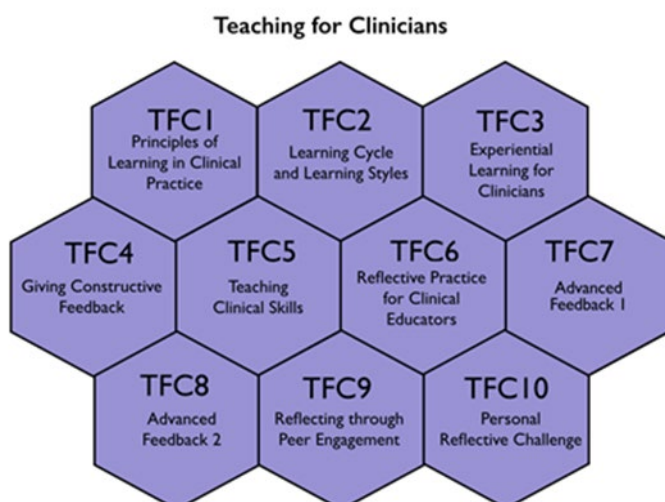
## Details

This course is designed for the busy clinician and will require some short pre-reading activities but most of the learning takes place through interactive small group work during the workshops. Assignment tasks and assessment will all be oral interactive activities designed to enhance collegiality and support between teaching clinicians. Certificates of attendance will be issued for all modules attended so doctors can submit for CPD activities as required.

## Cost

The modules are provided free by the CRMEC and ACT Health with support from the Australian National University. For those applying for the AFHEA – if you have clinical title with ANUMS then the cost is free through the Teaching in Medicine pathway of the ANU Educational Fellowship Scheme. For those not currently involved with the ANU Medical School, all mentoring and assessment is free, but there will be a small fee for lifetime registration with the Higher Education Academy. If you register for the course and fail to attend without providing at least 7 days' notice, we will charge cancellation fees to your department.

For further information about the modules or to register contact: [CRMEC.manager@act.gov.au](mailto:CRMEC.manager@act.gov.au)  
The attached **CRMEC Education and Training calendar** (on the previous page) offers a variety of workshop time



# Accreditation in the Network

Facility	Date due for accreditation
Canberra Hospital & Health Services	2020
Calvary Health Care ACT	2021
Goulburn Base Hospital	2019
South East Regional Hospital (Bega)	2021
Moruya Hospital	2019

When the CRMEC conduct accreditation of a facility's medical education program, a survey team uses information from onsite interviews, together with online surveys and facility documentation to evaluate the medical education program against the CRMEC Accreditation Standards. The CRMEC Standards reflect the national Australian Medical Council (AMC) standards for intern programs. The survey team complete a report that is presented to the CRMEC Accreditation Committee for consideration. This Committee evaluates the report and makes recommendations to the Council on the outcome of the survey visit. After the Council endorses a report, the facility is informed and, in the event that no complaints are raised, the ACT Board of the Medical Board of Australia is informed of the accreditation outcome.

## JMO Resources

- CRMEC Record of Accredited Terms is available at the CRMEC website.
- The CRMEC website has term descriptions added as they become available. You should receive a term description at the commencement of each new term. The term description outlines your schedule, supervisors and clinical team, learning opportunities and expected skills acquisition.
- The CRMEC website includes other resources of interest including:
  - CRMEC Accreditation Standards
  - Information on workplace bullying, harassment and discrimination
  - Information on promoting positive workplace cultures
  - Accreditation reports from facilities in our region
  - Education courses and conferences of interest to junior doctors

**CONTACT CRMEC via email, telephone or in person if you have concerns about supervision or your experiences in a training term in ACT/southern NSW. All enquiries are managed in a confidential manner**

# Canberra Region Medical Education Council (CRMEC)

Building 6, Level 2 Canberra Hospital Campus, Woden ACT

## Manager

A/Prof Emily Haesler  
Phone: (02) 6205 9852  
CRMEC.manager@act.gov.au

## Education Officer

Jennie Swanston  
Phone: (02) 5124 8707  
Jennifer.swanston@act.gov.au

## Website Address:

**CRMEC.health.act.gov.au**

**Twitter: @CRMEd\_Council**

## Got feedback?

**Email: CRMEC.manager@act.gov.au**

## Committees and Members

### CRMEC Council

A/Prof Katrina Anderson **Chair**  
Dr Diana Tracy **Deputy Chair**  
Prof Amanda Barnard  
Dr Eilidh Gilritchie  
Professor Nicholas Glasgow  
Dr Rob Griffin  
Dr Nicole Rodrigues  
Dr Mechelle Smith  
Dr Fiona Tito Wheatland  
Dr John Yek  
  
Dr Stephanie Baddock (Ex Officio)

### Accreditation Committee

Dr Robert Griffin **Chair**  
Jenny Berrill  
Dr Kim Bland  
Dr Jamie Christie  
Dr Nick Holt  
Dr Luzinda Lo  
Dr Cameron Maxwell  
Dr Farah Sethna  
Dr Diana Tracey

### Education Committee

A/Prof Katrina Anderson  
Prof Amanda Barnard  
Dr Ella Berry  
Dr Hannah Glenn  
Ms Jennie Gordon  
Dr Rachael Heath Jeffery  
Dr Fabio Longordo  
Dr Marie Mansfield  
Dr Darryl McGill  
Dr Luke Streitberg  
Dr Nick Taylor  
Dr Fiona Tito Wheatland  
Dr Choon Lim Wong  
Dr Mike Van Alphen

## Upcoming Meeting Dates

### CRMEC Council

Wednesday 13 March 2019  
Wednesday 15 May 2019  
Wednesday 24 July 2019  
Wednesday 25 September 2019  
Wednesday 20 November 2019

### Accreditation Committee

Tuesday 19 February  
Tuesday 16 April 2019  
Tuesday 25 June 2019  
Tuesday 3 September 2019  
Tuesday 29 October 2019

### Education Committee

Wednesday 27 February 2019  
Wednesday 1 May 2019  
Wednesday 3 July 2019  
Wednesday 11 September 2019  
Wednesday 6 November 2019