

# Newsletter



## Canberra Region Medical Education Council (CRMEC)

*Newsletter  
June 2018*

### Do you know your DEPT?

Do you know the Directors of Prevocational Education and Training (DPETs) in your facility and what they do? This month the CRMEC is featuring the DPETs in the ACT and Southern NSW regions. The DPETs in all our facilities work tirelessly developing education programs for doctors in training, and in many facilities they play an important role in ensuring the facility meets its accreditation reporting requirements.



#### **Goulburn Base Hospital**

**Director of Prevocational Education and Training – Dr Isabella Hawke**

I am a Goulburn local and proud to be the only Goulburn doctor who comes from a farming background, in fact I own a farm that my son runs an award winning Free Range Pork farm. I have a long connection with GBH having been born there! I trained as a nurse at GBH starting in 1976, the uniforms we wore are now in a museum display case!, I then went to Newcastle University to study medicine. I came to TCH as an Intern when it was called Woden Valley hospital, from there I was sent to GBH as a surgical intern. Possibly the worst surgical Intern ever! My worst nightmare, as I was a fainter! I returned to Newcastle and worked in various training positions including general practice, the Family Planning, and Newcastle Hospital as Sexual health Registrar. I returned to Goulburn in 2000 after completing my RACGP exams. Since then I have worked as a GP working in a large group practice. My youngest patient is a week old and my oldest 99. I have been fortunate enough to run the Goulburn campus for the RCS ANU for the last 13 years. I'm a Senior 'lecturer and Academic Coordinator for the ANU and have studied Post graduate education. My office is 10 metres from my birthplace! I've been working as the DPET at GBH for about 6 years and really enjoy seeing my rural students come back as Interns and RMOs. My passion is medical education and they say if you find the perfect job then it doesn't feel like your at work. I'm committed to teaching my medical students and Interns and encourage and support them in any way I can. In my personal life I love small dogs and confess to having four. I collect vintage Pyrex and love op shops...My week is not complete without finding some treasure. I'm committed to environmental issues and strive to use less plastic everyday and eat organic and ethical food. My message to young doctors is this: always do the very best job that you can and always be kind to your patients. Kindness is the most important quality.

#### **Calvary Health Care ACT**

Directors of Prevocational Education & Training  
Dr Jamie Christie & Dr Sharon Ong

Your DPETs at Calvary Hospital are Dr Jamie Christie (Emergency Department) and Dr Sharon Ong (General Medicine/Physician).

## Canberra Hospital & Health Care

Director of Prevocational Education & Training

Dr Christina Wilkinson

I am from the UK and completed my medical degree in London in 2001. A couple of years later, seeking adventure, I moved to Australia with the intention of staying for 6 months and then returning to the UK. Many years later I am still in Australia having lived most of my working life here. My clinical background has mainly been in critical care areas of emergency medicine, anaesthetics and intensive care. Being an overseas trained doctor, I have had the opportunity to work all over Australia, an experience I have found to be really valuable. My growing interest in clinical governance; health systems planning; health management; and education led me into the speciality of Medical Administration, and I gained fellowship with the Royal Australasian College of Medical Administrators in 2014. Since gaining fellowship, I have worked in various medical administration roles with involvement in clinical governance and education. I have almost completed a Master of Bioethics through the University of Sydney and for the last 18 months I have also worked at the ANU Medical School as a PBL Facilitator. I am currently acting in the role of Director of Prevocational Education and Training and I am able to bring my administration skills to various activities within the Education Unit. I particularly value the contact I have with the JMOs and supervisors in this role and the ability to advocate for them as they enter into the medical profession. When I'm not at work you'll find me relaxing with a good book, walking or pottering in my garden.

## South East Regional Hospital – Bega

Director of Prevocational Education & Training

Dr Konrad Reardon

My name is Konrad and I've been in the Bega Valley for just over 3 years. I started as DPET last year after I became a new Fellow of the College of GPs. I've long had an interest in rural medicine and education - I was part of the ANU Rural Stream cohort in 2011 in Cooma and I've continued to be involved with teaching medical students, JMOs and GP registrars in my day to day practice. I like to be able to provide experiential learning with case-based discussions and simulation training to balance out the necessary didactic teaching. In my spare time I'm a keen photographer and love paddle-boarding on the spectacular South East coast.



## Awards - Clinical Educator of the Year

Have you had excellent education and training from a doctor in the ACT? Why not nominate that person for an local or national award to recognize their excellence? Nominations for the Confederation of Postgraduate Medical Education Council **National Clinical Educator of the Year** are now open.

Please consider nominating a clinical educator for this award. Nominations are reviewed by the CRMEC and a an applicant is selected as ACT Clinical Educator of the Year. This award is recognised in the local region. Regional winners are forwarded to CPMEC to be selected as finalists for the National Clinical Educator of the Year.

**Nomination form is available at <http://crmec.health.act.gov.au/events-newsletter> to be completed and forwarded to the CRMEC Chair, [K.Anderson@anu.edu.au](mailto:K.Anderson@anu.edu.au) before 10<sup>th</sup> September.**

# Scheduled Accreditation Visits for the Network

Facility	Date due for accreditation
South East Regional Hospital – Bega	4 July 2018
Calvary Health Care ACT	2 & 3 October 2018
Goulburn Base Hospital	2019
Canberra Hospital & Health Services	2020

CRMEC survey teams will be visiting SERH and CPHB in the coming months. If you have not been informed by the DPET or executives about the upcoming visit, please seek more information. The survey teams look forward to talking to all junior doctors currently completing training terms in those facilities. Interviews with the survey team are in group sessions, and you have the opportunity to discuss what is great about your training experiences, and what might not be working so well for you. If you would like an opportunity to discuss any issues in a private meeting with the survey team, please contact the CRMEC, or ask on the day of the visit.

## Education Conference News



The 23<sup>rd</sup> Australian and New Zealand Prevocational Medical Education forum will be held in Melbourne from 11<sup>th</sup> to 14 November 2018. Please refer to the following website for registration and abstract details.

<http://www.prevocationalforum2018.com/>

Venue: Melbourne Convention & Exhibition Centre

Organizer: PMCV Theme for the Forum: Next Level – Exploring New Horizons



**ANZAHPE**

Australian & New Zealand  
Association for Health  
Professional Educators

ANZAHPE 2018 Conference

1-4 July 2018

Hotel Grand Chancellor, Hobart, Tasmania

<https://www.anzahpe.org/copy-of-2017-conference>

# Education Calendar 2018

CRMEC has had over 150 doctors through our educational program in 2017! A big thank you to those doctors that participated in our workshops and shared experiences and knowledge.

Congratulations to those participants that completed their Associate Fellowship (information below). We are pleased to provide these workshops again in 2018. Sessions fill fast so

**[SIGN UP TODAY USING THE SURVEY MONKEY LINKS BELOW](#)**

## Supervisors

<https://www.surveymonkey.com/r/Super2018>

JMO's:

<https://www.surveymonkey.com/r/JMO2018>

Educational Event	Audience	Dates 2018
Teaching for Clinicians Part 1 TFC1-5	JMOs, SRMOS, Registrars	Thursday 20th September 2018 9-4 pm
Teaching for Clinicians Part 2 TFC6-10	JMOs, SRMOS, Registrars	Saturday 20 October 2018 9-1pm
Professional Leadership Skills for Registrars.	Registrars only	26 & 27 September 2018
Teaching for Clinicians Part 2 TFC6-10	Supervisors, Senior Staff, DPETs, Rural Academics , GPs	Saturday 22nd September 2018 9-1pm

The above workshops are open to doctors across the entire network. Participants do not need to participate in the Educational Fellowship Scheme (EFS) to attend any of the workshops. Workshops that count to the EFS scheme are listed above with Teaching for Clinicians (TFC) codes.

Participants who wish to go on and complete the Associate Fellowship of the Higher Education Academy (AFHEA) through the Australian National University Educational Fellowship Scheme can find more information about this on our website: <http://bit.ly/2BfJl2x>

# Network-wide Junior Doctor Education Strategic Planning Day

Directors of Prevocational Education and Training, Medical Education Officers from Canberra, Goulburn, Calvary and Bega Hospitals as well as Junior Medical Officers from the CRMEC Education Committee and JMO Forum will meet on Thursday 6 July 2018 to discuss the education requirements and needs for JMOs across the whole of the Network.

If you have any ideas or input you would like to put forward regarding the education across the Network please contact your DPETs, MESOs or JMOF so they can present your ideas.

## JMO Resources

- CRMEC Record of Accredited Terms is available at the CRMEC website.
- The CRMEC website has term descriptions added as they become available. You should receive a term description at the commencement of each new term. The term description outlines your schedule, supervisors and clinical team, learning opportunities and expected skills acquisition.

**CONTACT CRMEC via email, telephone or in person if you have concerns about supervision or your experiences in a training term in ACT/southern NSW. All enquiries are managed in a confidential manner**

## Recruitment

Here is the link to career and workforce factsheets on the Department of Health's website [http://www.health.gov.au/internet/main/publishing.nsf/Content/nmtan\\_subcommittee\\_factsheet](http://www.health.gov.au/internet/main/publishing.nsf/Content/nmtan_subcommittee_factsheet)

The Intern and RMO recruitment cycles have closed. Please take note of the following dates for SRMO and Registrars:

**ED, ICU, Anaesthetics and Mental Health (SRMO/Registrars)**

**Open 18 June – Close 22 July 2018**

**ALL other SARMO/registrar positions**

**Open 16 July – Close 26 August 2018**

## Awards – JMO of the Year

Do you know a JMO who has made exceptional contribution to teaching and learning as a prevocational trainee? Maybe you have noticed a local JMO making special contributions to education and training such as project work, publications, posters, presentations to the international, national and State conferences? Why not nominate that person for JMO of the Year?

Nominations are reviewed by the CRMEC and an applicant is selected as ACT JMO of the Year. This award is recognised in the local region. Regional winners are forwarded to CPMEC to be selected as finalists for the National JMO of the Year (winner announced at the ANZPMEF conference in Melbourne in November 2018).

**Nomination form is available at <http://crmec.health.act.gov.au/events-newsletter> to be completed and forwarded to the CRMEC Chair, [K.Anderson@anu.edu.au](mailto:K.Anderson@anu.edu.au) before 10<sup>th</sup> September.**

# Keep an eye out for MABEL – Your opinion matters

The 11<sup>th</sup> wave of MABEL (Medicine in Australia: Balancing Employment and Life) survey is out in its pilot stage, the main survey due to take place in September 2018. MABEL has been dedicated to researching doctors' health and wellbeing for 10 years now (2008 to 2017) and continues this year with new questions focusing on contemporary issues that largely affect junior medical officers (JMOs). Research is required to address these three key issues:

*Increasing competition and reduced vocational training positions* is thought to be detrimental to doctors' health and wellbeing. MABEL aims to discover *who* is at risk, *why* that is the case and *how* interventions can best support them, addressing:

ongoing long hours, JMO fatigue and concerns for patient safety

increased incidence and prevalence of psychological distress and mental illness, suicide attempts and completed suicide, especially in young and female doctors, and workplace aggression and bullying.

## 2. Optimising the mix of Australian and International medical graduates (AMGs and IMGs).

Australia's chronic rural and remote doctor shortage needs to be addressed by an overhaul of the structure of medical training at all levels. With the advent of more difficult policies discouraging IMGs from entering Australia, MABEL asks:

how can training pipelines and incentives be optimised to encourage AMGs to practise in rural and remote areas?

## Adapting to new models of care, innovation and technology.

JMOs are much more likely to be digital-natives than their senior colleagues and will be key to the success of initiatives such as telehealth, electronic records, My Health Record and Health Care Homes. MABEL seeks answers to:

what they want out of the system

will they take up such innovation and/or technology, and

will they persist with these initiatives in their clinical practice?

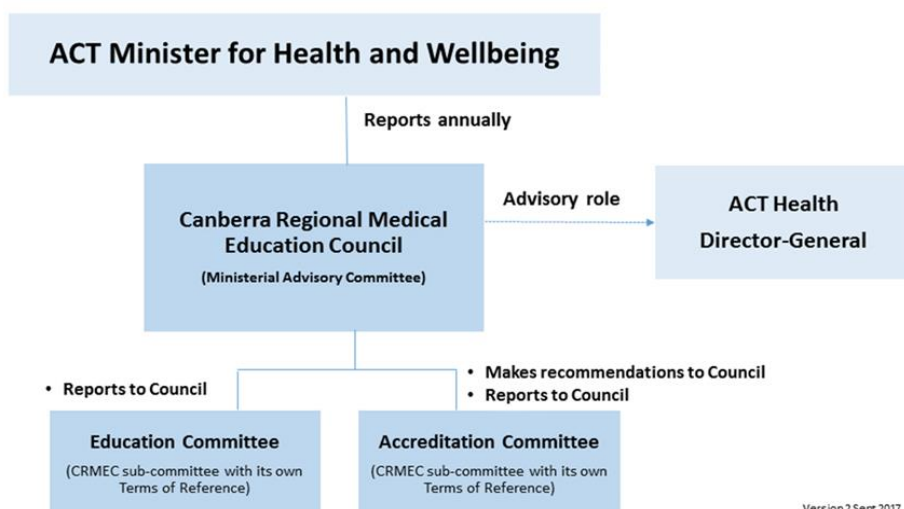
Due to the longitudinal nature of MABEL, all questions can be reassessed over time and the trends studied. All JMOs are invited to register to participate in the MABEL survey ([www.mabel.org.au](http://www.mabel.org.au)).

Making change demands good evidence, and in this case, that requires your participation.

## What is the CRMEC?

The CRMEC is an ACT Ministerial Advisory Committee providing expert advice doctor training and education to ACT Health and the ACT Minister for Health and Wellbeing. The CRMEC is accredited by the Australian Medical Council as an accreditation body for JMO training programs in the ACT and Southern NSW training region. Find out more on our website: [CRMEC.health.act.gov.au](http://CRMEC.health.act.gov.au)

### CRMEC Governance structure



# Canberra Region Medical Education Council (CRMEC)

Building 6, Level 2 Canberra Hospital Campus, Woden ACT

## Manager

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## Website Address:

**CRMEC.health.act.gov.au**

**Twitter: @CRMEd Council**

## Got feedback?

**Email: CRMEC.manager@act.gov.au**

## Committees and Members

### CRMEC Council

A/Prof Katrina Anderson **Chair**  
Dr Rob Griffin **Deputy Chair**  
Prof Amanda Barnard  
A/Prof Alison Jones  
Dr Diana Tracy  
Dr Fiona Tito Wheatland  
Professor Nicholas Glasgow  
Dr Nicole Rodrigues  
Dr Eilidh Gilritchie  
Dr John Yek  
Dr Mechelle Smith  
Dr Catelyn Cashion (Ex Officio)

### Accreditation Committee

Dr Robert Griffin **Chair**  
Dr Kim Bland  
Dr Jamie Christie  
Dr Nick Holt  
Dr Luzinda Lo  
Dr Cameron Maxwell  
Dr Diana Tracey  
Dr Farah Sethna  
Mr Reece Johnson  
Dr Renata Pajtak

### Education Committee

Dr Patricia Hannaford **Chair**  
A/Prof Katrina Anderson  
Prof Amanda Barnard  
Dr Hannah Glenn  
Ms Jennie Gordon  
Dr Fabio Longordo  
Dr Marie Mansfield  
Dr Darryl McGill  
Dr Nick Taylor  
Dr Fiona Tito Wheatland  
Dr Choon Lim Wong  
Dr Christina Wilkinson  
Dr Ella Berry  
Dr Rachael Heath Jeffery  
Dr Mike Van Alphen  
Dr Benjamin Loel

## Upcoming Meeting Dates

### CRMEC Council

Wednesday 11 July 2018  
Wednesday 12 September 2018  
Wednesday 7 November 2018  
Wednesday 13 March 2019

### Accreditation Committee

Tuesday 21 August 2018  
Tuesday 16 October 2018  
Tuesday 19 February 2019  
Tuesday 16 April 2019

### Education Committee

Wednesday 29 August 2018  
Wednesday 24 October 2018  
Wednesday 27 February 2019  
Wednesday 1 May 2019