

Newsletter



Canberra Region Medical Education Council (CRMEC)

February 2020 Newsletter



Associate Professor
Katrina Anderson,
Chair of CRMEC

FROM THE CRMEC CHAIR

2020 has started with many challenges in our region. The NSW bushfires have devastated and affected many people within our south eastern coastal communities and so the start to the year for our senior and junior doctors will be a little more challenging. However, many people have told me stories of how people created community connections and cared for each other through the fires. Many of our doctors provided medical care and practical help at evacuation centres and rural hospitals during this difficult time. The coronavirus outbreak is also a national concern and will potentially impact our doctors and health systems.

All these events mean that we are all likely to be in a more stressed frame of mind and so it is important that we are kind to ourselves, each other and our patients. For junior doctors remember you can talk to a colleague, talk with MOSCETU staff or access confidential staff counselling if you need someone to chat to. There is also a special website you can access at <http://www.jmohealth.org.au/> which has lots of resources and tips for managing stress and improving wellbeing.

On the CRMEC website there are also resources written by junior doctors and registrars to support a positive and non-judgemental work environment. There is also a guide for junior doctors about workplace bullying, sexual harassment and discrimination, as well as external resources related to workplace culture.. We hope all these guides will empower junior doctors to keep themselves and others safe and feel more supported in the workplace. <http://crmec.health.act.gov.au/jmos>

In 2020 the CRMEC will be continuing to deliver our Teaching for Clinicians program for both senior supervisors and junior doctors. Those of you involved in teaching medical students can also undertake further activities to become an Associate Fellow of the Higher Education Academy. Dates and details can be found in this newsletter.

Welcome to all the new interns in 2020. I know many of you from third year ANUMS and so I know our patients are in safe and caring hands.

Welcome 2020

Welcome to all the new doctors in the ACT Health network. We are sure you have started the year off with enthusiasm.

The CRMEC monitors JMO welfare in the ACT Health network and has accreditation standards that focus on bullying, harassment and discrimination. All hospitals in the ACT Health network have comprehensive policies on workplace culture. The CRMEC is an external body that JMOs can contact if they experience workplace culture issues. Our website include a new resource to help JMOs needing advice on this topic.

The CRMEC Chair and staff can provide advice and support, which we keep confidential wherever possible. The Chair, Katrina Anderson, is available in Building 4, level 2 The Canberra Hospital on most weekdays. You are always welcome to contact the CRMEC office in person (Building 6 Level 2 (Mon-Wed) or Building 4 Level 2 (Thurs-Fri), by phone or by email.

Term descriptions are provided to JMOs at the commencement of each term. Your term description should provide a good overview of the term experience, objectives, opportunities and your supervisors. The CRMEC website also hosts term descriptions for your easy access.

The CRMEC have are pleased to be offering the Teaching for Clinicians course, through which you can attain education post-nominals (more information in this newsletter). This has been an incredibly popular course since its introduction in 2016 – so register and organise your leave quickly!

The CRMEC accepts nominations for the National JMO of the Year and the National Supervisor of the Year. Applications open around September. Please keep these awards in mind as you work with different supervisors so you can nominate someone who has provided you with excellent teaching and mentoring. More information about making a nomination will be circulated later in the year.

Who are we?

The Canberra Region Medical Education Council (CRMEC) is a Ministerial Council established by the Minister for Health. To perform accreditation of the intern training program within the ACT and linked regional networks and provide expertise on education, training and welfare for junior medical doctors.

Contact the CRMEC

Website: <http://crmec.health.act.gov.au>

Manager: A/Prof Emily Haesler – crmec.manager@act.gov.au

Key CRMEC Responsibilities

The CRMEC role is to act as a Postgraduate Medical Council to:

- Accredit intern and resident training programs
- Monitor JMO training terms
- Advise ACT Government on medical education and training
- Provide leadership in education and training
- Receive JMO feedback on education and training programs

Expressions of Interest

CRMEC sub-committees

The Canberra Region Medical Education Council (CRMEC), the Postgraduate Medical Council of the ACT, is seeking expressions of interest from Registrars and Junior Medical Officers (PGY1 and PGY2) for membership to two of its committees. The role of the CRMEC is to provide expert advice to the Minister for Health regarding the quality of education, training and welfare for JMOs within the ACT and linked regional networks, and to perform accreditation functions of the intern training program within the ACT.

The two committees of the Council with vacancies for JMOs are the Accreditation Committee and the Education Committee. Appointment to the committees will be for a period of two years.

Accreditation Committee

The role of the Accreditation Committee is to improve the quality of medical education in the ACT region through the review of performance, assessment and accreditation of post graduate training and education. The committee makes recommendations to the CRMEC for the accreditation of JMO terms in health services and provides advice and recommendations to the CRMEC on accreditation processes for the postgraduate training of prevocational JMOs.

The Accreditation Committee meets on a Tuesday five times a year at 5.00pm.

Education Committee

The role of the Education Committee is to provide leadership in postgraduate medical education and training. The Committee provides advice to the CRMEC on appropriate education and training activities for junior doctors within the ACT region.

The Education Committee meets on a Wednesday five times a year at 5.00pm.

Expressions of interest should include:

The committee for which you are applying

Your relevant experience/interest in medical education

Your relevant experience in accreditation and/or monitoring safety and/or quality improvement

Your relevant leadership experience

Your current curriculum vitae

Applications To be assigned to:

Assoc. Prof. Emily Haesler

CRMEC Manager CRMEC.manager@act.gov.au

Phone 6205 9852

For more information on either committee, contact Katrina Anderson.

AWARDS

The ACT Junior Doctor of the Year and the ACT Clinical Educator of the Year are selected through open nominations that are reviewed by a CRMEC selection committee. The ACT winners represent our region in the national awards. Nominations for these awards will open in April 2020 – please consider nominating one of your supervisors or junior doctor colleagues. **Information on making a nomination will be available on the CRMEC website and our next newsletter.** The Patient-centred Care Award winner is selected by a CRMEC selection committee from nominations made by patients and/or families. Nominations can be made through the CRMEC website and at the Discharge Lounge.



Clinical Educator of the Year
Dr Carolyn Petersons

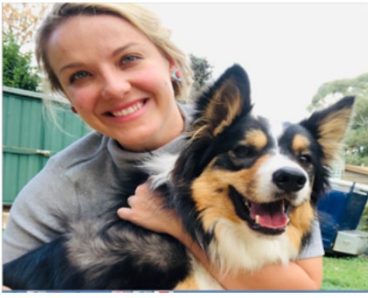
Clinical Educator of the Year 2019

Dr Carolyn Petersons is an endocrinologist at TCH. In addition to providing excellent patient centred care, Dr Petersons is passionate about the ongoing education and welfare of junior doctors, exemplified in her previous roles as DPET at TCH, as well as a three year tenure as a PMEO.

Dr Petersons has been an essential part of Canberra's JMO education programs. Not only has she been responsible for individualised one-on-one teaching experiences, but has also been at the forefront of the delivery and structure of the formal JMO Leadership program for the past three years. Dr Petersons is also involved in the development of a new and innovative Resident Medical Officer/Registrar Orientation program that will deliver orientation for approximately 120 new junior doctors.

Throughout the last 5 years, Dr Petersons has mentored many junior doctors both in her formal and informal roles. Due to Dr Petersons' support and guidance, many junior doctors have been able to thrive in a medical environment that is at times very daunting. Dr Petersons has a particular focus on helping JMOs with mental health concerns and has played a key role in developing individual return to work programs. Her advocacy for junior doctor wellbeing has been exemplified by her initiation of the TCH mentoring program, "The Blue Buddies". In addition to the roles mentioned above, Dr Petersons was a member of the organising committee for the 2019 Australian and New Zealand Prevocational Medical Education Forum (ANZPMEF) and Chair of the Directors of Clinical Training Committee for CPMEC.

JMO of the Year 2019



JMO of the Year
Dr Eilidh Gilritchie

Dr Gilritchie commenced intern training at TCH in 2017. Throughout her time as an intern Dr Gilritchie has been involved in a number of projects, most significantly as a co-author of the resource: *Bullying, Sexual Harassment and Discrimination: A reference guide for Junior Doctors* published by the CRMEC in 2018 and now distributed to all PGY1s on their commencement in Canberra Health Services. This project required significant work from Dr Ritchie between the CRMEC, the JMO Forum and legal departments within the ACT to provide a resource to junior doctors that contains practical advice on addressing inappropriate culture in the workplace. This project was presented at the 2018 ANZPMEF and built on Dr Gilritchie's previous work as the ANU Medical Student Society's Equity Officer. As a junior doctor, Dr Gilritchie has been actively engaged in bedside teaching, research projects and tutorials for medical students.

Dr Ritchie was appointed to the CRMEC in 2017 by the ACT Minister for Health and Wellbeing to represent junior doctors on the Council. In her first term on the Council, Eilidh completed accreditation training and was engaged in a survey visit in the ACT region in 2019, building on her past experience as a co-author on the *Australian Medical Council Accreditation Progress Report (2015)*. As a strong contributor to the Council, Dr Gilritchie was appointed by the Minister for a second term for 2019-2020.

Patient-Centred Care Award 2019

Dr. Billy Xian is a graduate from the ANU medical school in 2017, after travelling to Australia from Canada to study. He has always wanted to do medicine since he was a child, believing that this was his way to help to make the world a better place. He also believes in treating people with equal respect and dignity, especially those who are ill and vulnerable. He envisions himself in anaesthetic training in the future, with aspirations to join the MSF to volunteer after his training is completed to give back. He will continue to work in Canberra Hospital in his 3rd postgraduate year as a critical care senior resident. In his own time, he enjoys sports and video games, with an in depth interest in basketball. He is an avid Toronto Raptors fan, as it is his hometown. He also loves to travel and play some casual chess to sharpen his own mind.



Patient Centred Care Award
Dr. Billy Xian

24th Australian and New Zealand Prevocational Medical Education Forum held in Canberra, 2019



In October 2019 the CRMEC, together with Canberra Health Services hosted the 24th Australian and New Zealand Prevocational Medical Education Forum (ANZPMEF2019) for the first time. The theme of the conference was Creative Disruption in Medical Education- Technology, People and Place. The conference was opened by Minister for health and Wellbeing, Rachel Stephen-Smith, MLA on 27 October.

This conference offered a unique opportunity to explore

innovations, ideas and contexts that are disrupting and enhancing the landscape of junior doctor training, as well as a perfect opportunity to showcase the ACT. The conference, which was attended by around 400 medical educators, policy makers, and junior doctors, had a stellar line up of key note speakers who inspired attendees with presentations around creative disruption. Keynote presentations included discussion and debate from junior doctors themselves about how future careers in medicine will be changed by technology and robotics and the effect on junior doctor training. Canberra Health Services featured their fabulous robot that works on the paediatric ward at TCH. Dr Bruce McCabe, a futurist with a PhD in organisational and technological innovation, presented many innovations that are already (or very soon to be) enhancing health, medicine and the work of junior doctors. Professor Russell Gruen, Dean of the ANU College of Health and Medicine, discussed innovations in both the surgery setting and how computer technology has influenced medical education. Dr Tim Duncan (a generalist medico, writer, actor and movie producer) engaged conference attendees with the story of his journey from intern to film maker/medical advisor and how his life was forever changed by a near fatal car accident in Kakadu, after which time he resolved to dedicate his life to retrieval, rural and Indigenous health. Dr Claire Touchie (Medical Council of Canada) came to the audience live via webcast to discuss the good, the bad and the ugly of moving to an EPA (Entrustable Professional Activity) based system.



Together with these inspiring keynote presentations, the conference program included nine workshops, almost 80 research and practice abstract presenters, poster presentations, exhibitors, the MIPS art exhibition, a sing-a-long with the RPA choir and a key note presentation by junior doctors on training terms around Australia that provide unique and inspiring opportunities for interns. This jam-packed conference program was balanced by a cocktail welcome reception at QT Hotel and a dinner dance at the

beautiful arboretum, complete with an Indigenous smoking ceremony.

This event truly highlighted not only the wonderful environment and culture we have in the ACT, but the leadership from our region in medical innovation, education delivery and health policy. Thanks to the conference organising committee Tracey Quade, Katrina Anderson, Janelle Corey, Emily Haesler, Carolyn Petersons, Luke Streitberg and Emily Douglas. Special thanks also to Gina Shaw and her team at Conference Logistics, as well as the many individuals who contributed to the Scientific Committee.

The 25th ANPMEF conference will be held in Auckland on 18-21 October. Make your plans early as this is sure to be a fabulous event! <https://www.prevocationalforum2020.com/>

Do you know your DEPT?



Dr Michael Hall – Canberra Health Services (CHS), The Canberra Hospital (TCH)

Dr Michael Hall has worked at The Canberra Hospital since 2001, originally as a registrar, then as a staff specialist in emergency medicine, retrieval and toxicology. Dr Hall was Director of EM training for 5 years, and the Clinical Director of the ED for 4 years. Dr Hall shares his time between ED clinical work and the DPET role, as well as being clinical lead for the EMET program providing outreach support and education to regional EDs. Dr Hall has a passionate belief in building culture from the ground up, and hopes to use his time in the DPET role to advocate for JMO issues and training opportunities, and to build up the role of JMOs in the culture and management processes of TCH. This year, CHS are hoping to expand the role of the DPET team, as well as continuing the current functions of education, holistic support and career guidance.

Dr Ronak Patel - Calvary Public Hospital Bruce

Dr Ronak Patel is a Consultant Neurologist. He completed his medical training in India and his postgraduate (FRACP) training in neurology at John Hunter Hospital and The Canberra Hospital. He pursued a stroke and neurovascular fellowship at Calvary Hospital where he is appointed as a consultant neurologist. Dr Patel has also developed interest in multiple sclerosis, headache disorders, Parkinson's disease and other neurological disorders. He is a member of various organisations including Australian and New Zealand Association of Neurologists (ANZAN), American Academy of Neurologists (AAN) and European Academy of Neurology. He is founder and director of the ACT Neurology Centre, an academically focused group neurology practice providing a centre of excellence in outpatient neurological care. He chairs Calvary Public Hospital Neurology Research Group and is also the DPET. He is passionate about delivering best possible care to his patients and ensures that his patients are well informed and educated about their treatment plan. Dr Patel is equally passionate about teaching both undergraduate and postgraduate and is a clinical lecturer at the Australian National University.



Dr Louise Tuckwell – Moruya Hospital

Dr Tuckwell trained at UNSW obtaining her MBBS (Hons 1) in 1991. Since then she has worked in various locations throughout Australia, including in Aboriginal communities in Far North Queensland. She has a Diploma in Obstetrics and Gynaecology and a Diploma in Paediatrics. She trained as a GP anaesthetist in Tamworth and has practiced anaesthetics at Moruya and Batemans Bay hospitals where she worked as a GPVMO. Dr Tuckwell established Broulee surgery in 2014 where she worked as a GP. She has also worked as an editor for Health Pathways and in 2018 was the GP liaison officer for Eurobodalla. Since 2017 she has been working as a CMO in the emergency departments of Moruya and Batemans Bay hospitals where she now works full time as she completes a Diploma in Emergency Medicine.

Next month we feature DPETs at the Goulburn and South East Regional Hospitals.

Teaching for Clinicians Course

The CRMEC will run the extremely popular reaching for Clinicians course for junior doctors and supervisors throughout 2020. More information about Teaching for Clinicians is available from our website: <http://crmec.health.act.gov.au/events-newsletter>.

Completion of the course enables application as a Fellow of the Higher Education Academy (HEA) through the Australian National University Educational Fellowship Scheme. More information about this scheme is available from ANU: <https://efs.weblogs.anu.edu.au/>. Teaching for Clinicians is also available for doctors with an interest in education who do not wish to pursue Fellowship.

We recommend signing up early, as the course is very popular!

Registration is now open

Supervisors: <https://www.surveymonkey.com/r/TFCsup2020>

JMOs: <https://www.surveymonkey.com/r/TFCjmo2020>

Program	Date	Venue	Time
Supervisors Part 1	Saturday 2nd May 2020	TCH ANU Medical school Building	9am – 4pm
JMOs Part 1	Saturday 27th June 2020	Yarramundi Cultural Centre 245 Lady Denman Drive Yarramundi Reach 2601	9am – 4pm
JMOs Part 1	Thursday 15th October 2020	Yarramundi Cultural Centre 245 Lady Denman Drive Yarramundi Reach 2601	9am – 4pm
Supervisors and JMOs Part 2	Saturday 31st October 2020	TCH ANU Medical school Building	9am – 1pm

25th Australia and New Zealand Prevocational Medical Education Forum

The theme for ANZPMEF 2020 is 'Travelling forward together - He waka eke noa' which acknowledges that all of us involved in medical education and training are in this waka (boat) together. Plan and register early! <https://www.prevocationalforum2020.com/>

Travelling forward together
He waka eke noa



**AUSTRALIAN & NEW ZEALAND
PREVOCATIONAL MEDICAL EDUCATION FORUM**
AOTEA CENTRE, AUCKLAND, NZ | 18 – 22 OCTOBER 2020

Accreditation in the Network

Facility	Date due for accreditation
Canberra Health Services	2020
Calvary Public Hospital Bruce	2021
Goulburn Base Hospital	2020
South East Regional Hospital (Bega)	2021
Moruya Hospital	2022

When the CRMEC accredits a medical education program, a survey team uses information from onsite interviews, together with online surveys and facility documentation to evaluate the medical education program against the CRMEC Accreditation Standards. The CRMEC Standards reflect the national Australian Medical Council (AMC) standards for intern programs. The survey team complete a report that is presented to the CRMEC Accreditation Committee for consideration. This Committee evaluates the report and makes recommendations to the Council on the accreditation outcome. After the Council endorses a report, the facility is informed and, in the event that no complaints are raised, the ACT Board of the Medical Board of Australia is informed of the accreditation outcome and the accredited terms being delivered in that facility.

JMO Resources

- CRMEC Record of Accredited Terms is available at the CRMEC website.
- The CRMEC website has term descriptions. You should receive a term description at the commencement of each new term. The term description outlines your schedule, supervisors and clinical team, learning opportunities and expected skills acquisition.
- The CRMEC website includes other resources of interest including:
 - CRMEC Accreditation Standards
 - Information on workplace bullying, harassment and discrimination
 - Information on promoting positive workplace cultures
 - Accreditation reports from facilities in our region
 - Education courses and conferences of interest to junior doctors

CONTACT CRMEC via email, telephone or in person if you have concerns about supervision or your experiences in a training term in ACT/southern NSW. All enquiries are managed in a confidential manner

Changes to Mandatory Notifications

In December 2019 the Australian Health Ministers made changes to notification requirements. It is important to understand these changes as they provide clarity to treating practitioners on when they need to make a mandatory notification. Understanding the changes will remove fears you might have of being the be subject of an unnecessary mandatory notification should you seek health care yourself.

More information about the change is available on the CRMEC website at:

<http://crmec.health.act.gov.au/jmos>

A helpful video produced by AHPRA is available on You Tube:

<https://www.youtube.com/watch?v=S15B87u6FbQ&feature=youtu.be>

Canberra Region Medical Education Council

Expression of Interest – CRMEC Sub-Committees - 2020

The Canberra Region Medical Education Council (CRMEC), the Postgraduate Medical Council of the ACT, is seeking expressions of interest from junior doctors for membership to committees. The role of the CRMEC is to provide expert advice on the quality of education, training and welfare for doctors in training within the ACT and linked regional networks, and to perform accreditation functions of junior doctor training programs (PGY1 and PGY2) within the ACT. The two Council sub-committees with vacancies for JMOs are the **Accreditation Committee** and the **Education Committee**. Appointment to the committees will be for a period of two years (if you leave the ACT within this time you will need to resign your position on the committee). Both roles are excellent opportunities for junior doctors to extend their experience. Successful applicants do not receive reimbursement and undertake these roles as a part of employment as a medical doctor in the ACT.

Accreditation Committee

The role of the CRMEC Accreditation Committee is to improve the quality of medical education in the ACT region through the review of performance, assessment and accreditation of postgraduate training and education programs. The committee makes recommendations to the CRMEC for the accreditation of JMO training terms in hospitals within our training region and provides advice and recommendations to the CRMEC on accreditation processes. Junior doctors on the committee will learn about accreditation processes, review applications for accreditation from our training hospitals and discuss issues with training terms. Your experience as a trainee in the region provides the committee with invaluable information about the day-day of junior doctor training in our facilities.

The Accreditation Committee meets on a Tuesday five times a year at 5.30pm.

Education Committee

The role of the CRMEC Education Committee is to provide leadership in postgraduate medical education and training. The Committee provides advice to the CRMEC on appropriate education and training activities for junior doctors within the ACT region.

The Education Committee meets on a Tuesday five times a year at 5.30pm.

Your application should include:

- The committee for which you are applying
- Why you are applying for the committee role
- Your relevant experience/interest in medical education, accreditation and/or continuous quality improvement
- Your relevant leadership experience
- Your current curriculum vitae

Apply for either committee by emailing your application before 3 April 2020 to:

Assoc. Prof. Emily Haesler

CRMEC Manager

CRMEC.manager@act.gov.au

Phone 6205 9852

Canberra Region Medical Education Council (CRMEC)

Building 6, Level 2 Canberra Hospital Campus, Woden ACT

Manager

A/Prof Emily Haesler
Phone: (02) 5124 8707
CRMEC.manager@act.gov.au

CRMEC P/A and Teaching for Clinicians administrator

Jessica Thiele
Phone: (02) 5124 8707
CRMEC.manager@act.gov.au

Website Address:
CRMEC.health.act.gov.au

Got feedback?

Email: CRMEC.manager@act.gov.au

Committees and Members

CRMEC Council

A/Prof Katrina Anderson **Chair**
Dr Diana Tracy **Deputy Chair**
Prof Amanda Barnard
Dr Eilidh Gilritchie
Professor Nicholas Glasgow
Dr Rob Griffin
Dr Mechelle Smith
Dr Fiona Tito Wheatland
Dr Duncan Austin
Dr Zaheer Jayoon
Anika Tungusova (ex-officio)

Accreditation Committee

Dr Robert Griffin **Chair**
Jenny Berrill
Dr Jamie Christie
Dr Nick Holt
Dr Cameron Maxwell
Dr Farah Sethna
Dr Diana Tracey
Dr Mechelle Smith
Dr Ava Carter

Education Committee

Dr Marie Mansfield **Chair**
A/Prof Katrina Anderson
Prof Amanda Barnard
Dr Ella Berry
Dr Hannah Glenn
Dr Rachael Heath Jeffery
Dr Fabio Longordo
Dr Darryl McGill
Dr Luke Streitberg
Dr Nick Taylor
Dr Mike Van Alphen
Dr Joanna Davidson
Dr Madeline Howard
Dr Phillip Chia

Upcoming Meeting Dates

CRMEC Council

Wednesday 11th March 2020
Wednesday 20th May 2020
Wednesday 29th July 2020
Wednesday 30th September 2020
Wednesday 2nd December 2020

Accreditation Committee

Tuesday 11th February 2020
Tuesday 21st April 2020
Tuesday 23rd June 2020
Tuesday 1st September 2020
Tuesday 10th November 2020

Education Committee

Wednesday 25th February 2020
Wednesday 5th May 2020
Wednesday 14th July 2020
Wednesday 15th September 2020
Wednesday 17th November 2020